

SLIT Cost Comparison



| | SCIT (Allergy Shots) | SLIT (Allergy Drops) |
|------------------------------------------------------------------|-----------------------------------------------------------------------|----------------------------------------------------------------------------------|
| Cost per Month | \$20 administration fee per shot = \$80 / month | \$37.50 / month, and 1 office visit every 2 months = \$40 |
| Side Effects | Anaphylaxis Hospitalization Death | None reported in the U.S. or Europe |
| Traveling | 1-2 times / week—approx. \$20 in gas / month | None—delivered to patient’s home |
| Time: <i>Hours missed from work, family, or free time</i> | 2-3 hours / week—up to 12 hours / month. Min. wage = \$108 / month | None—take your drops daily from the comfort of your home and at your convenience |
| Duration of Treatment | Approx. 3 years to become allergy free | Approx. 3 years to become allergy free |
| Totals per Month (estimate) | \$208.00 | \$77.50 |
| Totals per Year (estimate) | \$2,496.00 | \$930.00 |

Since many patients have a strong aversion to weekly allergy shots, they are far less likely to complete the three year SCIT (Subcutaneous Immunotherapy) program. In fact, only about 40% complete their immunotherapy when required to visit an allergist once a week for allergy injections.

Conversely, approximately 90% of patients on SLIT (Sublingual Immunotherapy) complete their three year program. Thus, allergy patients have a much greater likelihood of becoming effectively allergy free with the SLIT program.

Dr. Seligman recommends SLIT to all of her appropriate patients suffering from allergic rhinitis, currently taking OTC antihistamines or Rx antihistamines, or currently considering SCIT. Please tell Dr. Seligman you are ready to get started with SLIT so you can **eliminate your allergies.**